**Newsletter content**

BookTrust research shows that children who are engaged with reading have better mental wellbeing. These wellbeing benefits can include improved self-regulation, empathy, stronger social skills and a sense of belonging. Visit [BookTrust’s website](https://www.booktrust.org.uk/booklists/b/brilliant-books-to-read-to-primary-school-children/) to view a curated list of books for primary school children and find a book to share together and experience the magic and benefits of reading.

Link: <https://www.booktrust.org.uk/booklists/b/brilliant-books-to-read-to-primary-school-children/>